

# Sports Medicine - Athletic Trainer I



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Sports Medicine - Athletic Trainer I is an exciting, growing field with employment opportunities in athletic training, sports medicine, and physical therapy. Instruction encompasses the study of Anatomy, Physiology, Nutrition, Biology and Kinesiology to understand the aspects of the field. Students are introduced to associated medical terminology and the practice of classification and assessment of injuries. Through internships, students apply skills learned in class to the prevention of injuries, the understanding of human body modalities and rehabilitation, the procedures of training rooms and the safety factors related to sports medicine.

Internship: Community Classroom (unpaid) Internship, outside of the school day, is a required component of the program and students must provide their own transportation as necessary. Up to 5 additional units may be earned - 1 unit for every 18 hours of internship beyond the required 90 hours. Required hours will differ based on semester/trimester schedules. To learn more about this course see our course catalog or visit our website at [www.tvrop.org](http://www.tvrop.org).

Students can earn. . .

- 10 high school credits
- 4 transferable college credits available
- UC a-g "g" approval (College-Preparatory Elective)
- CPR Certification

**Enroll Now!**

**Visit your career center today!**

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